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CUSTOM FABRICATED ORTHOTICS

Your doctor has recommended a pair of custom fabricated orthotic devices as part of the treatment for your condition. Many painful foot and leg problems can be successfully treated with prescription supports made specifically for you.

Custom fabricated orthotic devices are more than just simply arch supports; they function to correct biomechanical misalignment involving the bones, muscles and joints of the foot and leg. Prescription orthotics takes many various forms, and are constructed of various materials. Rigid orthotic devices can be made to control abnormal foot motions; soft orthotic devices can be made to protect the foot by reducing pressure and allowing shock absorption. Combination type orthotics can be made for sports, and provide dynamic balance for the foot.

Children's orthotics can be insured while the child's foot is still growing. You may request information regarding the policy for outgrowth, which is made directly with the orthotic laboratory.

The price for a pair of custom fabricated orthotics is \$400 included in this price is a charge of \$45 to make a foam impression or plaster cast impression of the feet. Orthotics are usually constructed by the laboratory 10-14 days after receiving the impression casts. A \$240 deposit is made at the time of the casting and the \$155 balance is due at the time of pick-up. Unfortunately many insurance companies and HMO's do not cover the cost of orthotics. These include, but are not limited to some Blue Cross Blue Shield plans, United Healthcare, Medicare, Aetna, and Capital Health Plan. Other private insurance companies may cover the cost of orthotics with a letter of medical necessity from your doctor.

Your doctor or staff member will discuss with you how to get the most out of your new orthotics, how they function for your particular foot condition, and recommendations for shoes. Some patients may need to change their shoe size or shoe style to accommodate the orthotics, but today's devices can be made to fit in a variety of shoe styles, including women's dress shoes.

If you have any questions regarding custom fabricated orthotics, do not hesitate to contact your podiatrist.